

#BREAKFREE

ANXIETY

NICOTINE

£££

ADDICTIVE

TOXIC

HEADACHE



DEPRESSION

MOOD

SWINGS

STUPID



Vaping for

STRESS

RELIEF? THINK AGAIN

Addiction to nicotine contained in vapes can
INCREASE STRESS AND ANXIETY,
impair concentration and learning.



If you've never smoked,
then don't vape.

[Learn more](#)

WYCHAVON
DISTRICT COUNCIL
good services, good value

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